

2-DAY

# ASK & RECEIVE

*Challenge*

## DAY 1 : Structure Your Communication For Success

Describe Supreme Influence:

The Power of Questions can be used to... (fill in the blank).

What are the **presuppositions** in our questions?

What is the R.A.S.?

What is an Empowering Question?

What is the 3-Step Formula for Asking Empowering Questions?

Step #1:

Step #2:

Step #3:

### BREAKTHROUGHS!

### KEY TAKEAWAYS

### POWER PRACTICE

- 1 Go LIVE In Our Private [FB Group](#)  
Share Your Empowering Questions  
Share Aha's & Breakthroughs from Today's Session
- 2 Upgrade to VIP to Get All The Replays & Bonuses!  
[www.niurkainc.com/ask-and-receive/vip-upgrade/](http://www.niurkainc.com/ask-and-receive/vip-upgrade/)
- 3 Invite Your Friends To Do This With You!  
Email info@niurkainc.com with their name & email



## DAY 1: Write Empowering Questions to Call Forth Desired RESULTS

What's 1 QUESTION you CAN ask yourself that (by accepting the presupposition/s in the question itself) will inspire you to take action towards achieving your greatest results yet?

What's 1 QUESTION that can you ask yourself, in the context of **HEALTHY & VITALITY** – that will inspire you to take wise action?

What's 1 QUESTION that can you ask, in the context of **RELATIONSHIPS** – that will move you in the direction you're inspired to go?

What's 1 QUESTION that can you ask, in the context of **BUSINESS** and/or **FINANCES** – that will inspire you to quantum leap and achieve your greatest goals yet?