

DAY 1: Aligning with Your Higher Self

CAUSE > effect

What does it mean to be "at Cause" vs. being "in effect"?

GOALS vs. STATES

What's the difference between Goals vs. States?

STATE MASTERY

What are the ingredients in the State Mastery Formula?

BELIEFS

WHAT empowering beliefs must I have to manifest my ultimate vision ?

IDENTITY

WHO am I committed to becoming on the journey to manifesting my vision? Start with "I AM _____"

BREAKTHROUGHS!

KEY TAKEAWAYS

POWER PRACTICE

- 1** Go LIVE In Our Private FB Group
Share Your Evidence Procedure for Your Vision Manifesting. Share Aha's & Breakthroughs from Today's Session.
- 2** Grab Your VIP Backstage Pass Before They're Gone! NiurkaInc.com/get-vip
- 3** Invite A Friend To Do This Challenge With You!
www.NiurkaInc.com/Manifest



DAY 1: Evidence Procedure for Vision Manifest

Activate Your Empowering STATE Before Answering These Questions!

CONTEXT

Pick a Context or Category of Life in which you will Manifest Your Vision in 2025.

Examples Include: *Business, Relationships, Health & Fitness, Finances & Wealth, A Specific Project, Spirituality, etc.*

EVIDENCE PROCEDURE

How will I know when my VISION is Manifest?

What will I see, hear and feel that lets me know my vision is accomplished?

Describe it in detail. Use vivid, rich sensory based words.